

Questions and Answers About Pray and Fast for America 2019

Bio of Maureen:

Publisher and Editor of the magazine Signs and Wonders for Our Times. She is also co-author with her husband, Ted Flynn, of the best-selling book, *The Thunder of Justice*. She is also author of *Sign, Secrets, and Prophecies...Road to the Triumph* and the *Global Warning: An Illumination of the Conscience of Mankind*. Maureen has been writing, reporting, and speaking on many topics including eucharistic miracles, the power of Adoration, devotion to our Blessed Mother, Marian Apparitions worldwide, the supernatural power of prayer and fasting, and the importance of promoting and defending the culture of life for these times.

Website is www.prayandfastforamerica.org.

Join the year-long initiative:

Pray & Fast for America 2019

**365 Days of Masses, Prayers and Fasting for our President,
Leaders, Families, and the Church**

Pray and Fast for America is a grassroots movement of Catholics and Christians from around our country participating in a nationwide network of prayer and fasting.

This movement was founded at the end of 2017 as the coalition group of the **26th International Week of Prayer and Fasting** felt inspired to call for 365 days of Masses, prayers, and fasting for our President, leaders, families, and the Church. The first **Pray and Fast for America initiative** was held in 2018. Due to the response of so many people to this initiative and the accelerating moral devastation that is occurring in our country, especially the calls to **infanticide** in more and more states, **Pray and Fast for America** has called the American people to intercede for the repentance and healing of our nation.

For this reason, we ask you to join priests, deacons, religious and laypeople from the United States and around the world who are participating in prayers and

fasting for our leaders, families, youth, children, the unborn and the Church. This year we pray:

- **For the conversion of all people and nations**
- **To build a culture of life**
- **To defend the sanctity of marriage and family life**
- **For peace and to implore God's mercy**
- **For priests, vocations, and purification and holiness for the members of the Church**

Join the ***Pray and Fast for America*** Coalition, Legion of Mary, Priests for Life, and many others in this battle for our country, our leaders, our families, the unborn, and the Church!

We wage war not against flesh and blood but against principalities and powers. We are in a spiritual battle between the forces of good (Heavens Army) and the forces of evil (the Devils Army). We need to use our weapons of Holy Mass, Adoration, Prayer (especially the Holy Rosary) and Fasting.

Why Pray, Why Fast:

Prayer coupled with fasting is very important to defeat evil (example of St. John Vianney, St. Padre Pio, St. Teresa of Avila, and many other saints). Prayer with fasting is like a gun with ammunition. The great Saint Pope John Paul II said,

“Jesus Himself has shown us by His own example that prayer and fasting are the first and most effective weapons against the forces of evil.”

-- Pope Saint John Paul II in Evangelium Vitae (1994).

In regards to the question, What will Save America, Convert Nations and Stop Wars?

“My answer is prayer. What we need is for every parish to come before Jesus in the Blessed Sacrament in Holy Hours of prayer.”

--Saint Teresa of Calcutta

How do people participate in Pray and Fast for America 2019?

People can participate by signing up online at prayandfastforamerica.org to become part of Our Lady's Special Forces. They can also call 888-478-PRAY to order flyers with the "plan of prayer and action."

Our Lady's Special Forces are made up of those souls who dedicate themselves completely to the Blessed Mother and commit to engaging in the spiritual combat through **offering hidden sacrifices** *in addition* to a foundation of (1) Marian Consecration, (2) The Brown Scapular, (3) The daily Rosary, and (4) regular holy hours of adoration before the Blessed Sacrament.

The special forces soldier should seek to offer little sacrifices throughout the day remembering that he or she is not called to a few acts of piety but rather to a new way of life. This way of life should lead the soldier into deeper prayer and the fervent desire to grow in holiness every day.

We are in a Spiritual War:

We need to use our weapons for spiritual warfare. What are the signs of spiritual war in our families, communities, parishes, country leadership and Church.

- Division
- Disunity
- Confusion
- Dishonesty
- Power Play
- Sexual Immorality
- And more

Our Lady needs us to pray and fast for the conversion of America. The United States of America is suffering a crisis of marriage and family life. Sister Lucia dos Santos, one of the three children who witnessed the Marian apparitions at Fatima, died in 2005. Before her death, she predicted that the final battle between Our Lord and the kingdom of Satan would be over marriage and the family.

Pray and Fast for America will offer two **free Holy Face of Jesus** prayer cards to people who call in at **(703) 707-0799** or those who sign up online at prayandfastforamerica.org.

For information and to sign-up to Pray and Fast for America 2019 visit www.prayandfastforamerica.org.